

Recipe of the Week

WHITE CHOCOLATE MOUSSE WITH RASPBERRY SAUCE

Ingredients

2 eggs, separated

2 tbsp caster sugar

½ tsp vanilla paste

1 cup cream

200g white chocolate, finely chopped

1 tbsp Kirsch, Grand Marnier or your choice of liqueur

Raspberry Sauce

½ cup caster sugarJuice of 1 lemon4 cups fresh or frozen raspberries

Method

Mousse

- 1. In a medium bowl, whisk the egg yolks with the sugar and vanilla paste until thick and creamy.
- 2. Heat ½ cup of the cream in a saucepan to just below boiling then pour it over the yolk mix and whisk briskly.
- 3. Return the mix to the saucepan and cook over low heat until it thickens slightly and coats the back of a wooden spoon around 3–4 minutes.
- 4. Put the chocolate in a heatproof bowl, set a fine-meshed sieve over the bowl and pour in the yolk-cream mix.
- 5. Whisk the remaining cream with the liqueur to soft peaks and fold in.
- 6. Spoon the mousse into 8 glasses, cover and refrigerate overnight.
- 7. Spoon a little of the raspberry sauce into each glass to serve.

Continued overleaf

Raspberry Sauce

- 1. Put the sugar in a saucepan with the lemon juice and $\frac{1}{2}$ cup water.
- 2. Add the raspberries and gently heat until the sugar dissolves.
- 3. Refrigerate until required.