

Recipe of the Week

SWEET CHILLI SAUCE

Easy to make and very tasty" says Laura Spargo from Darfield. "I process all my extra chillies into recipe-sized portions and freeze them in plastic bags. When we run out of sauce I pull a bag out of the freezer and make up a fresh lot.

Ingredients

500g fresh or frozen red chillies 3 garlic cloves 750ml white or cider vinegar 645g caster sugar

Method

- 1. Remove stalks from 100g chillies, halve and place in food processor
- 2. Halve, de-stalk, and de-seed remaining chillies
- 3. Coarsely chop and place in food processor
- 4. Add garlic and 250 ml vinegar
- 5. Process until finely chopped
- 6. Place mixture with remaining vinegar and sugar in a large saucepan over a low heat.
- 7. Cook, stirring, for 5 minutes until sugar dissolves. Increase heat to high, bring to the boil
- 8. Reduce to a simmer, stirring occasionally, for 35-40 minutes, or until sauce thickens (I add 1 tablespoons cornflour at this stage)
- 9. Seal in sterilised bottles

Courtesy NZ Gardener, 2017 Garden Diary