



# Recipe of the Week

## CREAMY APPLE & ONION SOUP

### Method

1. Peel, core, and chop 3 large apples, and dice 3 onions
2. Melt 50g butter in a pot, add apples and onions and cook over a low heat for 30 minutes, until soft and beginning to turn golden
3. Puree in a food processor, or with a stick blender until smooth (add a little stock if necessary)
4. Add 1 litre chicken stock and 1 litre apple cider and simmer for 10 minutes, seasoning to taste.
5. Just before serving, stir through 6 tablespoons of cream.

*Courtesy NZ Gardener, 2021 Garden Diary*