

Recipe of the Week

CELERIAC & ORANGE SOUP

A tasty winter warmer from Jo Pearson

Ingredients

- 4 tabs olive oil
- 2 onions, finely sliced
- 2 cloves garlic, finely chopped
- 1 celery stalk, coarsely chopped
- 1 teasp thyme leaves
- 1 large celeriac, peeled and coarsely chopped
- 1 apple, peeled, cored, coarsely chopped
- 1.5 litres vegetable stock or water

Zest of 2 oranges

Juice of 4 oranges

Method

- 1. Heat olive oil in a large saucepan. Add onions, garlic, celery and thyme and fry over a medium heat for 10 minutes or until soft but not browned.
- 2. Add the coarsely chopped celery and apple and fry for another 2-3 minutes.
- 3. Add stock or water, half the orange zest and all the orange juice.
- 4. Simmer over low heat for 30 minutes or until the celeriac is tender, then take off the heat and, using a stick blender or food processor, puree until smooth.
- 5. Stir in the remaining orange zest, taste and season with salt and freshly ground black pepper.
- 6. Puree again quickly and serve, garnished with thinly sliced 'Granny Smith' apple, peeled and sliced orange segments, chopped flat-leaf parsley and olive oil.

Recipe courtesy Cuisine and NZ Gardener 2016 Garden Diary